

## CASE STUDY

# B's Story

**B** is a female in her 30s, at present has been living in a house for about a month on her own with her children in Bedfordshire. Before this she had always lived in a caravan and travelled with her husband and his extended family members. Husband was part of family household and only recently had left family home to go back into a caravan wanting rest of family to leave house also;

She is illiterate and had moved into a house to enable her daughter and two sons to receive an education, something she was unable have do to her family living a very nomadic lifestyle she also has a young son who has health issue requiring regular health checks and medication, she also an issue of substance misuse.

B has had no experience of budgeting for the household or dealing with money. This is something the male members of a Traveller family have control of.

She had not been able to access any support while on roadside and was at the time a victim of abuse & domestic violence that on more than one occasion saw her hospitalised. She had left her home fleeing DV on numerous occasions only to return again when injuries had healed.

### Review: 1

B was very anxious and suffering from depression due to harassment from her husband's extended family, and the fact she was so isolated from her own family. She had had her home broken into and belongings stolen/ trashed by her ex estranged partner. A restraining order was obtained to prevent the partner from visiting.

**Key Issues:** Lack of culturally appropriate accommodation when fleeing the family home causes isolation. Families' aversion to living in bricks and mortar causes increased emotional well being issues.

### Review: 2

Although only slight improvement the fact that B was in receipt of support had increased her confidence as a whole.

**Key Issues:** Older children wanting to return to family home on roadside

unwilling to stay in housed accommodation, feeling of vulnerability due to lack of family support.

### Review: 3

B has shown increased substance misuse due to her feeling isolated from family/community but was on the whole showing a willingness to try and change her personal circumstances

**Key Issues:** Find alternative accommodation in area nearer to extended family members if possible - not willing to be housed away from family.

### Review: 4

B is finding it hard to deal with some issues affecting her, biggest problem being accommodation issues, personal responsibility. She is under a lot of stress due to close family having serious health problems, and her own need to have the ongoing support of her family.

The major factor being family lives 40 miles away.

**Key Issues:** older children unwilling to attend school on regular basis, oldest boy taking on role of adult male in home.

### Review: 5

B has progressed remarkably due to accommodation issue having been resolved, has been re-housed in village near her close family members. Problems with substance abuse under more control, health and well being much improved.

**Key Issues:** Adult male family member engaging with oldest boy (going out to work on weekends and school holiday periods).

### Review: 6

B69 has showed slight decrease in issues around substance abuse/ mental health and meaningful use of time, this is due to ex partner having had contact. She is continuing to hold a steady balance in all other areas, and realises that the negative impact ex partner has had on her emotional well being needs to be dealt with, she is able identify the positive outcomes in her life.

**Key Issues:** supporting client to identify specialist support via partner agencies and build a relationship with identified agency/partner. Undertake a 12 week support plan with family to include positive activities and play based sessions with younger children. Obtain adequate and appropriate support to maintain home by helping to identify and put into place a personal budgeting system to pay utility bills etc.